

Barbering Level 3

The **Academy** of Hair & Beauty

BARBERING



Level 3 Advanced Technical Diploma in
Barbering

SUMMER PROJECT

2024 – 2025

Name:

Throughout the course of this year you will learn a vast amount of skills, knowledge and understanding from some industry experts. We will share everything we know with you to ensure you are ready for an exciting and successful career. No matter your starting point, always have the end goal at the forefront of your mind. Each course has been designed to prepare you for your next step into the industry no matter what level you're at EVERYTHING you learn will be valuable as you progress. The summer project has been designed to help me understand your level of enthusiasm and creativity in preparation for your course. This will help you build your knowledge in a variety of areas that you will cover throughout the academic year. As a team we look forward to seeing what you produce for us ready for September

Ryan Hathaway
(Barbering Course Director)

Task 1 : Complete the table on the next page.

Please complete the table on the following page. Research these answers to ensure they are correct, and you remember where they are positioned and what they do.

| Muscle | Position | Action |
|-------------------|----------|--------|
| Frontalis | | |
| Corrugator | | |
| Procerus | | |
| Orbicularis Oculi | | |
| Nasalis | | |

| | | |
|-------------------------------|--|--|
| Temporalis | | |
| Masseter | | |
| Buccinator | | |
| Risorius | | |
| Zygomaticus | | |
| Quadratus Labii Superioris | | |
| Orbicularis Oris | | |
| Mentalis | | |
| Triangularis | | |
| Sternocleidomastoid | | |
| Platysma | | |

Task 2 : Try to memorise the muscles on the face and where they are positioned.

Repeat this game until you get 100%

Try to do this multiple times per week over the summer to ensure they are secure in your brain. This will give you a massive advantage in September.

<https://www.purposegames.com/game/ce24d4c6>

Task 3

Complete the chart below that explains some of the key legislations that you must be aware of as part of our jobs.

| Legislation | What is the Employee's Responsibilities | What is the Employer's Responsibilities | Why do we need to consider this as barbers? |
|---|--|--|--|
| Health and Safety at Work Act | | | |
| The Reporting of Injuries, Diseases, and Dangerous Occurrences (RIDDOR) | | | |
| The Personal Protective Equipment Regulations | | | |

| | | | |
|--|--|--|--|
| <p>The Manual Handling Operations Regulations</p> | | | |
| <p>The Control of Substances Hazardous to Health Regulations (COSHH)</p> | | | |
| <p>The Electricity at Work Act</p> | | | |
| <p>The Equality Act</p> | | | |

| | | | |
|-------------------------|--|--|--|
| The Data Protection Act | | | |
|-------------------------|--|--|--|

Use the internet to source your answers and put into your own words. You must cover each question for each legislation.

Please ensure you bring your **COMPLETED** summer project on your first day!