

Beauty Therapy Technical Certificate Level 2





Level 2 Technical Certificate in Beauty Therapy Summer Project – Introduction to skincare products

What is the purpose of this project?

This project is designed to give you an insight into different products used within skincare. As a beauty therapist, you will need to have a good understanding of the products you will be using and how different products will vary to accommodate different skin types and conditions

The course is 40% theoretical written knowledge; therefore, it is important you are able to demonstrate your knowledge in a written format.

This project is due in on your first week of lessons at college in September.

Project brief Please complete the following:

1, Which facial skincare products do you like to use on yourself?

Insert an image of at least two different facial skincare products that you like to use. Write a detailed paragraph for each product explaining why you like to use it. (You might like to consider the texture, key ingredients, benefits etc.)

2, What are the differences between facial cleansing products?

Research the following types of facial cleansing product and give a description for each (include texture, consistency and how to use it) and also state which skin type or condition it is best suited for:

Cleansing water Cleansing cream Foaming cleanser
Cleansing gel Cleansing milk Eye Make –up remover

3, What are the benefits of using a facial toner?

Different names are given to varying strengths of toning products. These are known as either an 'astringent', a 'tonic' or a 'freshener'. Research at least 3 benefits for using a toner.

4, What is a face serum and when should it be applied?

Serums can come in a pump dispenser or ampoule. Explain the benefits of using a face serum and state when this product should be applied.

5, Why is it important to moisturise the skin?

There is a huge selection of facial moisturises available. List as many benefits of using a facial moisturiser as you can find.

6, What does SPF stand for? Why is it important to use a product with SPF?

The are so many products that contain SPF. State what SPF stands for and explain why it is important to apply an SPF.

How to present your work:

Your work can be completed using pens and paper OR on a computer as a Word document or PowerPoint (images can be used), which will need to be printed off and handed in. Please make sure your work is titled, well presented and with your name on.

If you have any questions about the project, please feel free to email me:

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Good luck, and I look forward to seeing your work in September!

