

# Hairdressing Level 1

## Project Title: Hair Plaiting Techniques

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### Learning Objectives:

- Research and complete a step-by-step guide on how to do a French plait, Fish tail Plait, Dutch Plait, Infinity Plait. Include photos of you attempting each one.
- Identify health and safety considerations when plaiting hair.
- Determine suitable products for plaiting hair.
- Provide aftercare advice to clients after hair plaiting.

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### Task Description:

In this project, you will conduct research on various hair plaiting techniques including French plait, Fish tail Plait, Dutch Plait, and Infinity Plait.

You are required to create a detailed step-by-step guide for each plaiting technique. Ensure to include clear instructions, tips, and visuals if necessary to aid understanding.

Additionally, you will need to address the following points:

### Health and Safety Considerations:

Discuss the health and safety precautions that need to be considered when plaiting hair. This may include avoiding scalp irritation, using sharp tools carefully, etc.

### Products for Plaiting:

Identify and list the products that are essential for creating and maintaining a good plait. This could include hair styling products, tools, and accessories.

### Aftercare Advice:

Provide detailed aftercare advice that you would recommend to your clients after getting their hair plaited. This may include tips on washing, styling, and protecting the plait.

### Note:

It is important to showcase your creativity, problem-solving skills, and critical thinking throughout this project. Your ability to research, analyze, and communicate effectively will be key to successfully completing this task. Best of luck!