

Psychology and Health Level 2

Level 2 Psychology and health

An introduction to human behaviour

In this task:

- This should take you 6-8 hours to complete
- You can choose to create a presentation or a poster
- Include case study examples
- Remember to add your name to your work

Human behaviour

This unit aims to develop learners understanding of how a variety of human behaviours can be explained using a number of approaches. It seeks to explain basic human behaviours from a number of different perspectives. This unit is particularly useful to learners intending to follow careers in healthcare, public services or education or to those with an interest in psychology.

Task specifics:

- This task requires that you carry out some reading/research in order to ensure that the work you produce is accurate and relevant.
- Part one: Understand the origins of human behaviour and the evolutionary approach to explaining patterns of human behaviour
- You need to include information on the following:
 - What is the evolutionary approach to explaining patterns of human behaviour?
 - Research and write about the origins of human behaviour using evolutionary theory
- Part two: Include some analysis of evidence for the evolutionary approach to explaining human behaviour
- Refer to some evaluation of the effectiveness of the evolutionary approach in explaining patterns of human behaviour

A failure is not always a mistake, it may simply be the best one can do under the circumstances. The real mistake is to stop trying.

B. F. Skinner

